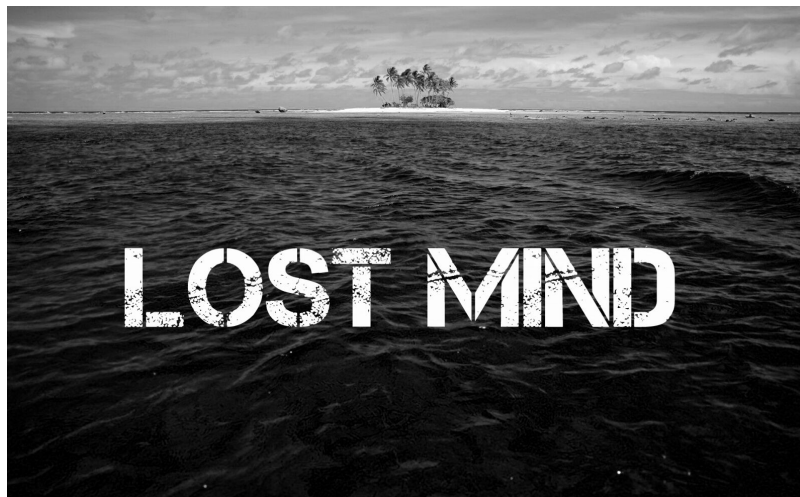


LOST MIND

Lost Mind es un grupo de rock alternativo que nació en el año 2017 con el anhelo de hacer canciones propias. Tras tres años con cambios de integrantes, ahora están embarcados en el proyecto de llevar su música a todo el que quiera escucharla. El próximo 1 de noviembre se lanzará su primer EP *Dream living*, que se pondrá en venta en todas las plataformas.

Holding on, es bandera del EP, una reflexión acerca de las excusas y las trabas que nos ponemos a nosotros mismos al son de un riff pegadizo y ritmos cambiantes. *Fearless*, es una canción en la que se unen la autorreflexión y la fantasía para crear una sinfonía de diferentes momentos musicales. *Everyday hero*, es un homenaje a todos aquellos que, día a día, ayudan y hacen todo por los demás, sabiendo que no van a ser recompensados. Aun así, mantienen la esperanza de innumerables personas, un pequeño movimiento de la banda sonora que se merecen. Un tema eléctricamente épico. *All in*, “ *He cambiado, evolucionado y estoy mejor que nunca*”. Es el proceso del cambio contra lo establecido y sus “normas”,. Rebelde, reivindicativa y rockera.

Lost Mind es la suma de la creatividad de **Hugo Velasco De Luis** (cantante y compositor), inspirado por las guitarras de **Óscar Juncá**, de formación flamenca y alma rockera y de Carlos Fraile, “**Claus**”, guitarrista desde los noventa, “*the* Acompañado por el teclado de **Jorge Hidalgo**, beatleniano de corazón. Toda esta melodía se sustenta por el ritmo de las baquetas de **Jaime Bara** y el bajo **Ramiro Millán**.



Puedes encontrarnos en: [Instagram](#), [Facebook](#), [Twitter](#) y [Youtube](#)
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ANEXO - CANCIONES EP LOST MIND

Holding on

Wake up, it's a normal day, dress up, just do your thing,
what's that, not again, a dark cloud over your angel ring.
Don't freak out just exhale, it's not the time get a whole of yourself,
No one shoots, no, no one aims, you are the one holding all the chains

Oh, you know, that is real, well my friend.... OH
You're holding on, you're holding on to it x2

You keep playing to "everything's all right", but behind the mirror you're crying every night,
In fact sometimes you don't even know why, but you do try but don't wanna let it fly
Obsessed because it is in the way?, OK, close the book take another one from the shelf, start again,
forgive and don't forget, no regrets, keep walking, live life learn.....

Oh, you know, that is real, but you still.... OH
You're holding on, you're holding on to it x2

Keep holding on keep holding on to it,
Keep holding on, you're holding on to it
You do know you are the key, why won't you set yourself free?
Don't try to lie to yourself, leave those monsters live...

(FADE OUT TO RAISE)

Just throw them away, all those toxic things you've lived,
Oh Yeah just throw them away, and enjoy how it feels to live...
(Free yourself) just throw them away (lose yourself), and find yourself again,
(There's no time) just throw them away, it is the time and fear is getting in the way

You're holding on you're holding on to it
Keep holding on keep holding on to it
You're holding on you're holding on to it
Keep holding on keep holding on to

Fearless

I know it's not the perfect time, I might never find one, so here I am, in front of you,
We've passed hell on earth, we have surpassed that shit,
but it somehow remains, inside of us,

Yes, I'm the one hiding in you, the other you, your true self, and I just came to prove we're fine,
even if we die each time that we wake up, Not feeling Fearless...

You don't wanna take it slow, afraid to lose control, but
it's okay you know, It is part of our world,

Don't try to work a smile, sometimes we have to say goodbye and understanding our faith, it's
something we may hate.

I would like you to stand, stop hiding inside that shell.
but I can't find the words I miss, so I'll never find a way,
To make you understand it.

What's living fearless?

What's living fearless?

what's living fearless?

What's living fearless?

Oh yeah you know? , are you ready for the time? can you
keep up in the storm of the purpose of your life?

Are you ready for the show you're in?, the life you dreamt?, the pain you'll feel?,

Believe me when I say, (yeah) that you don't understand it

How to live fearless

Everyday hero

Can you feel the beat?, can you feel the fatigue? All that tension refuses to release,
It may be maybe the wind, or maybe it's just your sin, but you keep on walking forward
Speedy

You wanna live the world behind, but there's something in your mind that needs to stay and try to
save the night

You're looking for something you will not get,
(give it away give it away, you won't ask and simply stay)

You're facing an enemy who is everywhere
(no regrets no regrets, if you fall you'll stand up again)

Cause you are an everyday hero never ready to give up

Just pain no gain, no money or fame, who wouldn't be tempted by this?

Sick, but not feeling illm you stay on your feet, you know you'll resist

You wanna live the world behind, but there's something in your mind that needs to stay and try to
save the night

You're looking for something you will not get,
(give it away give it away, you won't ask and simply stay)

You're facing an enemy who is everywhere
(no regrets no regrets, if you fall you'll stand up again)

Cause you are an everyday hero never ready to give up

Cause you are an everyday hero never ready to never ready to never ready to give up

All In

Round one , it hurts, you want to taste the limit and adrenaline knows how to dance, she knows how to dance,

Round two, it gets through, freezing your spine and melting all your brains, it melts all your brains,
Cause it roars like a thunder it might hide a wonder but, you don't seem to get it,
Afraid to light it up?

Yes I've been changing it is true, and now I feel better than new,
Nightmares tried to make me sink, so I turned them into wings,
If I give up on my dreams, I'll burn all the possibilities,
so if I'm told I should give in, they'll be settling my bet,
and I'll go all in.

Why am I the crazy one if I'm the only one that believes I can?
I don't understand, I can't understand,
Is it me or is the world who's crumbling?
I cannot pretend I give a damn, can't you understand?
Cause I love to tease the devil like the hero of a fable I just hate regrets,
Afraid to light it up?

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and I'll go all in.

And I'll go all in, yeah, turn the possibilities,
I feel the shadow of my sin, yeah, the dreams I always dreamt, mmm
So I'll go all in, I'll go all in